

## TIP!!

To avoid disappointment, pre-order recess food

### RECESS

Pikelets ☺ (max of 5)	\$0.20c
Corntos Corn Snacks	\$1.00
Popcorn☺	\$1.00
Ajita Vege Chips	\$1.50
Chocolate Muffin	\$2.00
Cheesies ☺	\$1.00
Bacon Cheesies	\$1.00
Party Pies	\$1.00
Mini Sausage Rolls	\$1.00
Jelly Cup	\$1.00
Potato Gems	\$2.00



### DRINKS

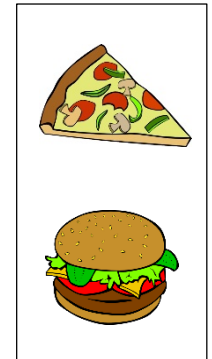
Bottled water ☺	\$1.50
Nudie juice – orange/trop/apple ☺	\$2.00
Flavoured Milk ☺	\$2.50



## LUNCH ITEMS (ORDER ONLY)

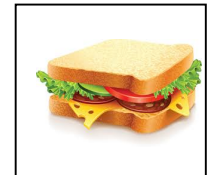
### HOT FOOD

Hamburger and Salad ☺	\$5.00
Low Fat Skinless Hot dog	\$3.50
Pizza, Hawaiian	\$3.50
Sausage Roll	\$3.00
Pie – Meat	\$3.50
Tomato Sauce	\$0.50c
Chicken Wraps ☺	\$5.00
Macaroni Cheese ☺	\$5.00
Pasta Bolognese ☺	\$5.00



### Sandwiches Multigrain Bread only

☺Chicken, Ham, Cheese, Tuna, Egg or Salad	\$4.00
Toasted	\$0.50c
Sauce or Mayo	\$0.50c
Vegemite	\$2.50
Salad Plate ☺	\$5.00
Meat & Salad Plates ☺ (chicken, tuna, ham)	\$5.50
Chicken Strips/fish salad plate ☺	\$6.00





Our Canteen uses the “Traffic Light System” to classify food and drink according to nutritional value.

**GREEN** – the healthiest choice, look for the 😊

**AMBER** – to be consumed in moderation

**RED** – is non-existent.

To ensure the healthiest options are available to our students Wednesdays will be **GREEN** 😊 options **ONLY!** Do not order other foods on this day.

Bags are **FREE**. Recess (white) and lunch (brown)!

Please collect them from the Front Office or at the Canteen. Please do not use envelopes or plastic bags.

Lunch order sticker sheets available from Front Office \$16 or \$32.

## **ST VINCENT'S SCHOOL**

**CANTEEN MANAGER: LISA JOHNSON**

**PHONE: 9419 2631**

## **CANTEEN MENU**

**Term 2 2017**



**OPEN MONDAYS, WEDNESDAYS AND FRIDAYS**



Check out our back page for Nutritional tips and other information.